



SET YOUR COURSE

5K Trail Run September 25, 2010



Countryside Montessori School
(Middle/High School Campus)
4125 Johnston Oehler Road

8:30 am – 5K Trail Run
9:30 am – 1 Mile Fun Run/Walk

REGISTRATION

Entry Fee Received by:	Aug. 1 - 30	Sept. 1 - 24	Race Day
5K	\$20	\$25	\$35
1 Mile Fun Run	\$10	\$15	\$25
Family Rate:	\$50	\$65	\$95

*Register your family and run for one fee – entrants must be related.

*Entry fees are non-refundable and tax-deductible.

* Register in person at any of the campus locations, by mail, or fax.

Race Number and T-shirt Pick-Up

Packet may be picked up at the Johnston Oehler Campus on **Thursday, Sept. 23** and **Friday, Sept. 24** or the day of the race by 8:00 am. T-shirts are guaranteed to every participant. Extra t-shirts may be available for sale the day of the race, while supplies last.

Prizes - Age Groups- 10 and under (Fun Run), 11-14, 15-18, 19-29, 30-39, 40+

Prizes will be awarded to the top three finishers in age groups; winners must be present to win. No awards or prizes will be mailed or handed out after the race date. Prizes include gift certificates to local restaurants, area attractions, and donated items.

ENTRANT INFORMATION:

Participant's Name	T-Shirt Size (Circle Below)				Circle Size	
	XL	L	M	S	Adult	Kids
_____	XL	L	M	S	Adult	Kids
_____	XL	L	M	S	Adult	Kids
_____	XL	L	M	S	Adult	Kids
_____	XL	L	M	S	Adult	Kids

_____ Address _____ City _____ Zip _____

_____ Email (please print clearly) _____ Phone _____

Entrance Fee \$ _____ Donation \$ _____ Total \$ _____
(Number of participants x entry fee) (Please make checks payable to Countryside Montessori School)

____ I waive all claims for myself, my heirs and assignees against Countryside Montessori School, sponsors, volunteers and spectators from injury or illness which may result from my participation. I am in proper physical conditions to compete in this race and risks associated therewith. I also give my permission for the free use of my name and photo in any written account, broadcast or telecast of this event for any legitimate purpose. I understand that if the race is cancelled because of any circumstances beyond the control of the race committee and sponsors including but not limited to hazardous weather conditions, etc. my entry fee will not be refunded.

Signature (parent or guardian if under age 18): _____

Return to:

Countryside Montessori School - Development Office
9026 Mallard Creek Rd., Charlotte, NC 28262 Fax: 704/548-0088 Phone: 704/549-4253